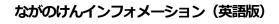
English



Nagano Prefecture Newsletter

No. 71 September, 2022

Nagano Prefectural Government International Community Support and Passport Office Tel: 026-235-7173 tabunka@pref.nagano.lg.jp

Free Initial Consultation with a Lawyer

Nagano Prefecture concluded with an agreement with the Nagano Prefecture Bar Association and began a system where Nagano foreign residents can receive free initial legal advice starting September 1, Thursday.

Eligibility

Consultation

Consultation

Foreign residents of Nagano Prefecture

- Those who do not have Japanese nationality
- Those who have Japanese nationality, and need an interpreter or other language support

Support menu

Free initial legal consultation with a lawyer

Contact point

Nagano Prefecture Intercultural Consultation Center

If you want a consultation, please call

026-219-3068 or 080-4454-1899.

Notes

- Upon acceptance, a counselor of the Intercultural Consultation Center will conduct and interview to make a reception slip to the Bar Association.
- Regarding consultation after the second time, you may be charged.

Free Consultation

The Nagano Prefecture Intercultural Consultation Center will hold free consultation events for foreign residents. You can consult with a lawyer (booking required), judicial scrivener (booking required), and an administrative scrivener for free.

City	Date	Time	Venue
Komoro City	Tue, Oct 4	10 a.m. to 3 p.m.	Komoro City Hall, 2nd Floor, Conference Room
Ina City	Tue, Oct 11	10 a.m. to 3 p.m.	Ina City Hall, 1st Floor, Multipurpose Hall
Shiojiri City	Thu, Oct 20	10 a.m. to 3 p.m.	Health and Welfare Center, 3rd Floor, Community Room
Saku City	Tue, Nov 1	10 a.m. to 3 p.m.	Saku City Hall, 8th Floor, Large Conference Room
Chikuma City	Sat, Nov 5	10 a.m. to 3 p.m.	Chikuma City Hall, 3rd Floor, Conference Room 301

The schedule and venues may be changed. See detailed information on the website.



COVID-19 Registration Center for Young People with Mild Symptoms

1) Distribution of gualitative antigen test kits by online application

Nagano Prefecture is distributing qualitative antigen test kits by online application to applicable persons as follows.

Eligibility

COVID-19

Nagano residents falling under the following, with no plan to see a doctor

- 1. Ages between 20 and 49 when applying
- 2. Those who have symptoms suspicious of COVID-19, such as a fever, cough, sore throat
- 3. Those who have received primary vaccinations
- Those who do not have underlying conditions with a risk of becoming seriously ill 4.
- 5. Those who are not pregnant
- 6. Those whose family members' inhabitant taxes on per capita basis are exempted

Notes

- It takes one to two days to have your kit delivered.
- Please never resell nor transfer the kit delivered.
- The application is allowed one time per person.
- The number of applicable kits is limited to one at a time.

How to apply

Access via QR code for an electronic application. (Japanese only) Reception hours: daily 8 a.m. to 12 noon

2) To those who have tested positive by the kits

We are accepting applications of those that tested positive through self-check. (Only via online.) Based on the application information, doctors will diagnose and determine whether the applicant is positive for COVID and submit notifications to health centers.

Eligibility

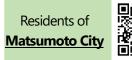
Applicable to those who meet the above eligibility 1 to 5.

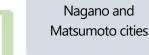
How to apply

Access via QR code for an electronic application. (Japanese only)













Please visit the Nagano Prefecture website for details. (Japanese only) _____

Please call the Nagano Prefecture Intercultural Consultation Center if you need assistance. Free consultation is available in 15 languages. **\$** 026-219-3068 / 080-4454-1899 Website: https://www.naganoken-tabunka-center.jp/



Application page