

32 日本における生命表（平均余命）

年 齢	完 全 生 命 表										簡 易 生 命 表											
	昭和45年 第 13 回	昭和50年 第 14 回	昭和55年 第15回	昭和60年 第 16 回	平成2年 第17回	平成7年 第18回	平成12年 第19回	平成17年 第20回	平成22年 第21回	平成27年 第22回	平成21年	平成22年	平成23年	平成24年	平成25年	平成26年	平成27年	平成28年	平成29年	平成30年	令和元年	
男	0歳	69.31	71.73	73.35	74.78	75.92	76.38	77.72	78.56	79.55	80.75	79.59	79.64	79.44	79.94	80.21	80.50	80.79	80.98	81.09	81.25	81.41
	1	69.35	71.53	72.96	74.22	75.30	75.73	76.99	77.79	78.75	79.92	78.80	78.83	78.62	79.13	79.39	79.67	79.95	80.14	80.25	80.41	80.57
	2	68.47	70.63	72.03	73.28	74.36	74.78	76.03	76.83	77.78	78.94	77.83	77.86	77.66	78.15	78.41	78.70	78.98	79.16	79.27	79.43	79.59
	3	67.55	69.70	71.09	72.33	73.40	73.82	75.06	75.85	76.80	77.96	76.84	76.88	76.68	77.17	77.43	77.71	78.00	78.18	78.29	78.45	78.61
	4	66.62	68.75	70.14	71.36	72.43	72.85	74.08	74.87	75.81	76.97	75.86	75.89	75.70	76.18	76.44	76.73	77.01	77.19	77.3	77.46	77.62
	5	65.27	67.80	69.17	70.38	71.45	71.87	73.10	73.88	74.82	75.98	74.87	74.90	74.71	75.19	75.45	75.74	76.02	76.20	76.30	76.47	76.63
	10	60.65	62.94	64.28	65.47	66.53	66.94	68.15	68.93	69.85	71.02	69.90	69.94	69.77	70.23	70.49	70.77	71.05	71.23	71.33	71.49	71.66
	15	55.97	58.03	59.35	60.54	61.58	62.00	63.19	63.97	64.89	66.05	64.93	64.98	64.81	65.26	65.52	65.81	66.08	66.26	66.37	66.53	66.69
	20	51.26	53.27	54.56	55.74	56.77	57.16	58.33	59.08	59.99	61.13	60.04	60.07	59.93	60.36	60.61	60.90	61.17	61.34	61.45	61.61	61.77
	25	46.58	48.54	49.79	50.97	51.98	52.37	53.52	54.25	55.16	56.28	55.20	55.24	55.10	55.52	55.77	56.05	56.31	56.49	56.59	56.74	56.91
	30	41.90	48.78	45.00	46.16	47.16	47.55	48.69	49.43	50.33	51.43	50.37	50.41	50.28	50.69	50.93	51.21	51.46	51.63	51.73	51.88	52.03
	35	37.24	39.05	40.22	41.36	42.35	42.74	43.89	44.62	45.51	46.58	45.55	45.59	45.47	45.85	46.09	46.38	46.62	46.78	46.88	47.03	47.18
	40	32.68	34.41	35.52	36.63	37.58	37.96	39.13	39.86	40.73	41.77	40.78	40.81	40.69	41.05	41.29	41.57	41.80	41.96	42.05	42.20	42.35
	45	28.22	29.92	30.94	32.01	32.92	33.28	34.45	35.18	36.02	37.01	36.09	36.10	35.98	36.32	36.55	36.82	37.05	37.20	37.28	37.42	37.57
	50	23.88	25.56	26.57	27.56	28.40	28.75	29.91	30.63	31.42	32.36	31.51	31.51	31.39	31.70	31.92	32.18	32.39	32.54	32.61	32.74	32.89
	55	19.76	21.35	22.35	23.36	24.06	24.41	25.58	26.25	26.98	27.85	27.09	27.07	26.95	27.23	27.44	27.68	27.89	28.02	28.08	28.21	28.34
	60	15.93	17.38	18.31	19.44	20.01	20.28	21.44	22.09	22.75	23.51	22.87	22.84	22.70	22.93	23.14	23.36	23.55	23.67	23.72	23.84	23.97
	65	12.50	13.72	14.56	15.52	16.22	16.48	17.54	18.13	18.74	19.41	18.88	18.86	18.69	18.89	19.08	19.29	19.46	19.55	19.57	19.70	19.83
	70	9.56	10.53	11.18	12.00	12.66	12.97	13.97	14.39	14.96	15.59	15.10	15.08	14.93	15.11	15.28	15.49	15.64	15.72	15.73	15.84	15.96
	75	7.14	7.85	8.34	8.93	9.50	9.81	10.75	11.07	11.45	12.03	11.63	11.58	11.43	11.57	11.74	11.94	12.09	12.14	12.18	12.29	12.41
	80	5.26	5.70	6.08	6.51	6.88	7.13	7.96	8.22	8.42	8.83	8.66	8.57	8.39	8.48	8.61	8.79	8.89	8.92	8.95	9.06	9.18
	85	3.82	4.14	4.39	4.64	4.93	5.05	5.76	5.89	6.00	6.22	6.27	6.18	5.96	6.00	6.12	6.24	6.31	6.27	6.26	6.35	6.46
	90	2.75	3.05	3.17	3.28	3.51	3.58	4.10	4.15	4.19	4.27	4.48	4.41	4.14	4.16	4.26	4.35	4.38	4.28	4.25	4.33	4.41
	95	2.60	2.97	2.93	2.90	2.98	3.24	3.17	2.84	2.86	2.94	3.02	3.09	2.86	2.81	2.86	2.94
	100						1.92	2.18	2.08	1.98	2.18	2.36	2.30	1.93	1.95	2.02	2.09	2.23	1.89	1.8	1.82	1.89
女	0歳	74.66	76.89	78.76	80.48	81.90	82.85	84.60	85.52	86.30	86.99	86.44	86.39	85.90	86.41	86.61	86.83	87.05	87.14	87.26	87.32	87.45
	1	74.52	76.56	78.29	79.89	81.25	82.17	83.86	84.73	85.48	86.14	85.63	85.57	85.10	85.60	85.78	86.00	86.21	86.31	86.42	86.47	86.60
	2	73.62	75.65	77.35	78.95	80.30	81.21	82.89	83.76	84.51	85.17	84.65	84.60	84.13	84.63	84.81	85.03	85.23	85.33	85.44	85.50	85.63
	3	72.69	74.71	76.40	77.98	79.33	80.25	81.92	82.78	83.53	84.19	83.67	83.62	83.16	83.64	83.82	84.05	84.25	84.35	84.46	84.51	84.64
	4	71.75	73.75	75.43	77.01	78.35	79.27	80.93	81.80	82.54	83.20	82.68	82.63	82.18	82.66	82.83	83.06	83.26	83.36	83.47	83.52	83.65
	5		72.78	74.46	76.01	77.37	78.29	79.95	80.81	81.55	82.20	81.69	81.64	81.19	81.67	81.84	82.07	82.27	82.30	82.48	82.53	82.66
	10	65.91	67.87	69.53	71.08	72.42	73.34	74.98	75.84	76.58	77.23	76.73	76.67	76.24	76.70	76.87	77.09	77.30	77.39	77.5	77.56	77.69
	15	60.99	62.94	64.58	66.13	67.46	68.39	70.01	70.87	71.61	72.26	71.75	71.70	71.28	71.72	71.89	72.12	72.32	72.42	72.52	72.58	72.72
	20	56.11	58.04	59.66	61.20	62.54	63.46	65.08	65.93	66.67	67.31	66.81	66.75	66.35	66.78	66.94	67.16	67.37	67.46	67.57	67.63	67.77
	25	51.30	53.19	54.77	56.30	57.63	58.56	60.16	61.02	61.75	62.37	61.90	61.83	61.45	61.85	62.01	62.23	62.43	62.53	62.63	62.70	62.84
	30	46.50	48.35	49.90	51.41	52.73	53.65	55.26	56.12	56.83	57.45	57.00	56.92	56.56	56.94	57.09	57.32	57.51	57.61	57.61	57.77	57.91
	35	41.73	43.53	45.04	46.54	47.84	48.77	50.37	51.23	51.94	52.55	52.11	52.03	51.69	52.04	52.19	52.42	52.61	52.69	52.79	52.86	53.00
	40	37.01	38.76	40.23	41.72	43.00	43.91	45.52	46.38	47.08	47.67	47.25	47.17	46.84	47.17	47.32	47.55	47.73	47.82	47.9	47.97	48.11
	45	32.37	34.06	35.49	36.96	38.22	39.12	40.73	41.57	42.27	42.83	42.44	42.36	42.05	42.35	42.49	42.72	42.90	42.98	43.06	43.13	43.26
	50	27.84	29.46	30.84	32.28	33.51	34.43	36.01	36.84	37.52	38.07	37.70	37.61	37.32	37.59	37.74	37.96	38.13	38.21	38.29	38.36	38.49
	55	23.47	25.00	26.30	27.71	28.90	29.82	31.40	32.20	32.86	33.38	33.04	32.95	32.68	32.92	33.07	33.28	33.45	33.53	33.59	33.66	33.79
	60	19.27	20.68	21.89	23.24	24.39	25.31	26.85	27.66	28.28	28.77	28.46	28.37	28.12	28.33	28.47	28.68	28.83	28.91	28.97	29.04	29.17
	65	15.34	16.56	17.68	18.94	20.03	20.94	22.42	23.19	23.80	24.24	23.97	23.89	23.66	23.82	23.97	24.18	24.31	24.38	24.43	24.43	24.63
	70	11.75	12.78	13.73	14.89	15.87	16.76	18.19	18.88	19.43	19.85	19.61	19.53	19.31	19.45	19.59	19.81	19.92	19.98	20.03	20.10	20.21
	75	8.70	9.47	10.24	11.19	12.06	12.88	14.19	14.83	15.27	15.64	15.46	15.38	15.16	15.27	15.39	15.60	15.71	15.76	15.79	15.86	15.97
	80	6.27	6.76	7.33	8.07	8.72	9.47	10.60	11.13	11.46	11.71	11.68	11.59	11.36	11.41							

資料：厚生労働省「完全生命表」「簡易生命表」