

32 日本における生命表（平均余命）

| 年 齢 | 完 全 生 命 表     |               |               |               |              |              |               |               |               |       | 簡 易 生 命 表 |       |       |       |       |       |       |       |       |       |       |
|-----|---------------|---------------|---------------|---------------|--------------|--------------|---------------|---------------|---------------|-------|-----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|     | 昭和45年<br>第13回 | 昭和50年<br>第14回 | 昭和55年<br>第15回 | 昭和60年<br>第16回 | 平成2年<br>第17回 | 平成7年<br>第18回 | 平成12年<br>第19回 | 平成17年<br>第20回 | 平成22年<br>第21回 |       | 平成14年     | 平成15年 | 平成16年 | 平成17年 | 平成18年 | 平成19年 | 平成20年 | 平成21年 | 平成22年 | 平成23年 | 平成24年 |
| 男   | 0歳            | 69.31         | 71.73         | 73.35         | 74.78        | 75.92        | 76.38         | 77.72         | 78.56         | 79.55 | 78.32     | 78.36 | 78.64 | 78.53 | 79.00 | 79.19 | 79.29 | 79.59 | 79.64 | 79.44 | 79.94 |
|     | 1             | 69.35         | 71.53         | 72.96         | 74.22        | 75.30        | 75.73         | 76.99         | 77.79         | 78.75 | 77.57     | 77.60 | 77.87 | 77.77 | 78.22 | 78.41 | 78.50 | 78.80 | 78.83 | 78.62 | 79.13 |
|     | 2             | 68.47         | 70.63         | 72.03         | 73.28        | 74.36        | 74.78         | 76.03         | 76.83         | 77.78 | 76.61     | 76.63 | 76.91 | 76.80 | 77.25 | 77.44 | 77.53 | 77.83 | 77.86 | 77.66 | 78.15 |
|     | 3             | 67.55         | 69.70         | 71.09         | 72.33        | 73.40        | 73.82         | 75.06         | 75.85         | 76.80 | 75.63     | 75.65 | 75.93 | 75.82 | 76.27 | 76.46 | 76.55 | 76.84 | 76.88 | 76.68 | 77.17 |
|     | 4             | 66.62         | 68.75         | 70.14         | 71.36        | 72.43        | 72.85         | 74.08         | 74.87         | 75.81 | 74.65     | 74.67 | 74.95 | 74.84 | 75.29 | 75.47 | 75.56 | 75.86 | 75.89 | 75.70 | 76.18 |
|     | 5             | 65.27         | 67.80         | 69.17         | 70.38        | 71.45        | 71.87         | 73.10         | 73.88         | 74.82 | 73.66     | 73.68 | 73.96 | 73.85 | 74.30 | 74.48 | 74.57 | 74.87 | 74.90 | 74.71 | 75.19 |
|     | 10            | 60.65         | 62.94         | 64.28         | 65.47        | 66.53        | 66.94         | 68.15         | 68.93         | 69.85 | 68.71     | 68.72 | 69.00 | 68.90 | 69.34 | 69.52 | 69.61 | 69.90 | 69.94 | 69.77 | 70.23 |
|     | 15            | 55.97         | 58.03         | 59.35         | 60.54        | 61.58        | 62.00         | 63.19         | 63.97         | 64.89 | 63.75     | 63.76 | 64.04 | 63.94 | 64.38 | 64.56 | 64.65 | 64.93 | 64.98 | 64.81 | 65.26 |
|     | 20            | 51.26         | 53.27         | 54.56         | 55.74        | 56.77        | 57.16         | 58.33         | 59.08         | 59.99 | 58.87     | 58.89 | 59.15 | 59.05 | 59.49 | 59.66 | 59.75 | 60.04 | 60.07 | 59.93 | 60.36 |
|     | 25            | 46.58         | 48.54         | 49.79         | 50.97        | 51.98        | 52.37         | 53.52         | 54.25         | 55.16 | 54.05     | 54.05 | 54.32 | 54.22 | 54.66 | 54.82 | 54.92 | 55.20 | 55.24 | 55.10 | 55.52 |
|     | 30            | 41.90         | 48.78         | 45.00         | 46.16        | 47.16        | 47.55         | 48.69         | 49.43         | 50.33 | 49.21     | 49.23 | 49.49 | 49.39 | 49.83 | 49.99 | 50.09 | 50.37 | 50.41 | 50.28 | 50.69 |
|     | 35            | 37.24         | 39.05         | 40.22         | 41.36        | 42.35        | 42.74         | 43.89         | 44.62         | 45.51 | 44.40     | 44.43 | 44.68 | 44.58 | 45.02 | 45.17 | 45.27 | 45.55 | 45.59 | 45.47 | 45.85 |
|     | 40            | 32.68         | 34.41         | 35.52         | 36.63        | 37.58        | 37.96         | 39.13         | 39.86         | 40.73 | 39.64     | 39.67 | 39.93 | 39.82 | 40.25 | 40.40 | 40.49 | 40.78 | 40.81 | 40.69 | 41.05 |
|     | 45            | 28.22         | 29.92         | 30.94         | 32.01        | 32.92        | 33.28         | 34.45         | 35.18         | 36.02 | 34.97     | 35.01 | 35.25 | 35.14 | 35.56 | 35.72 | 35.79 | 36.09 | 36.10 | 35.98 | 36.32 |
|     | 50            | 23.88         | 25.56         | 26.57         | 27.56        | 28.40        | 28.75         | 29.91         | 30.63         | 31.42 | 30.42     | 30.47 | 30.70 | 30.59 | 31.00 | 31.15 | 31.21 | 31.51 | 31.51 | 31.39 | 31.70 |
|     | 55            | 19.76         | 21.35         | 22.35         | 23.36        | 24.06        | 24.41         | 25.58         | 26.25         | 26.98 | 26.07     | 26.12 | 26.33 | 26.21 | 26.60 | 26.73 | 26.79 | 27.09 | 27.07 | 26.95 | 27.23 |
|     | 60            | 15.93         | 17.38         | 18.31         | 19.44        | 20.01        | 20.28         | 21.44         | 22.09         | 22.75 | 21.93     | 21.98 | 22.17 | 22.06 | 22.41 | 22.54 | 22.58 | 22.87 | 22.84 | 22.70 | 22.93 |
|     | 65            | 12.50         | 13.72         | 14.56         | 15.52        | 16.22        | 16.48         | 17.54         | 18.13         | 18.74 | 17.96     | 18.02 | 18.21 | 18.11 | 18.45 | 18.56 | 18.60 | 18.88 | 18.86 | 18.69 | 18.89 |
|     | 70            | 9.56          | 10.53         | 11.18         | 12.00        | 12.66        | 12.97         | 13.97         | 14.39         | 14.96 | 14.32     | 14.35 | 14.51 | 14.38 | 14.69 | 14.80 | 14.84 | 15.10 | 15.08 | 14.93 | 15.11 |
|     | 75            | 7.14          | 7.85          | 8.34          | 8.93         | 9.50         | 9.81          | 10.75         | 11.07         | 11.45 | 11.07     | 11.09 | 11.23 | 11.07 | 11.31 | 11.40 | 11.40 | 11.63 | 11.58 | 11.43 | 11.57 |
| 80  | 5.26          | 5.70          | 6.08          | 6.51          | 6.88         | 7.13         | 7.96          | 8.22          | 8.42          | 8.25  | 8.26      | 8.39  | 8.23  | 8.45  | 8.50  | 8.49  | 8.66  | 8.57  | 8.39  | 8.48  |       |
| 85  | 3.82          | 4.14          | 4.39          | 4.64          | 4.93         | 5.05         | 5.76          | 5.89          | 6.00          | 5.97  | 5.95      | 6.07  | 5.93  | 6.09  | 6.16  | 6.13  | 6.27  | 6.18  | 5.96  | 6.00  |       |
| 90  | 2.75          | 3.05          | 3.17          | 3.28          | 3.51         | 3.58         | 4.10          | 4.15          | 4.19          | 4.29  | 4.26      | 4.36  | 4.23  | 4.32  | 4.40  | 4.36  | 4.48  | 4.41  | 4.14  | 4.16  |       |
| 95  | ...           | ...           | ...           | ...           | ...          | 2.60         | 2.97          | 2.93          | 2.90          | 3.10  | 3.10      | 3.21  | 3.05  | 3.08  | 3.19  | 3.15  | 3.24  | 3.17  | 2.84  | 2.86  |       |
| 100 |               |               |               |               |              | 1.92         | 2.18          | 2.08          | 1.98          | 2.26  | 2.28      | 2.41  | 2.21  | 2.20  | 2.34  | 2.31  | 2.36  | 2.30  | 1.93  | 1.95  |       |
| 女   | 0歳            | 74.66         | 76.89         | 78.76         | 80.48        | 81.90        | 82.85         | 84.60         | 85.52         | 86.30 | 85.23     | 85.33 | 85.59 | 85.49 | 85.81 | 85.99 | 86.05 | 86.44 | 86.39 | 85.90 | 86.41 |
|     | 1             | 74.52         | 76.56         | 78.29         | 79.89        | 81.25        | 82.17         | 83.86         | 84.73         | 85.48 | 84.47     | 84.57 | 84.81 | 84.70 | 85.02 | 85.20 | 85.26 | 85.63 | 85.57 | 85.10 | 85.60 |
|     | 2             | 73.62         | 75.65         | 77.35         | 78.95        | 80.30        | 81.21         | 82.89         | 83.76         | 84.51 | 83.50     | 83.60 | 83.84 | 83.73 | 84.05 | 84.23 | 84.29 | 84.65 | 84.60 | 84.13 | 84.63 |
|     | 3             | 72.69         | 74.71         | 76.40         | 77.98        | 79.33        | 80.25         | 81.92         | 82.78         | 83.53 | 82.53     | 82.62 | 82.86 | 82.75 | 83.07 | 83.25 | 83.31 | 83.67 | 83.62 | 83.16 | 83.64 |
|     | 4             | 71.75         | 73.75         | 75.43         | 77.01        | 78.35        | 79.27         | 80.93         | 81.80         | 82.54 | 81.54     | 81.64 | 81.87 | 81.77 | 82.09 | 82.26 | 82.32 | 82.68 | 82.63 | 82.18 | 82.66 |
|     | 5             | 70.78         | 72.78         | 74.46         | 76.01        | 77.37        | 78.29         | 79.95         | 80.81         | 81.55 | 80.55     | 80.65 | 80.88 | 80.78 | 81.10 | 81.27 | 81.33 | 81.69 | 81.64 | 81.19 | 81.67 |
|     | 10            | 65.91         | 67.87         | 69.53         | 71.08        | 72.42        | 73.34         | 74.98         | 75.84         | 76.58 | 75.60     | 75.69 | 75.92 | 75.81 | 76.13 | 76.30 | 76.36 | 76.73 | 76.67 | 76.24 | 76.70 |
|     | 15            | 60.99         | 62.94         | 64.58         | 66.13        | 67.46        | 68.39         | 70.01         | 70.87         | 71.61 | 70.63     | 70.73 | 70.94 | 70.84 | 71.16 | 71.33 | 71.39 | 71.75 | 71.70 | 71.28 | 71.72 |
|     | 20            | 56.11         | 58.04         | 59.66         | 61.20        | 62.54        | 63.46         | 65.08         | 65.93         | 66.67 | 65.69     | 65.79 | 66.01 | 65.90 | 66.22 | 66.39 | 66.45 | 66.81 | 66.75 | 66.35 | 66.78 |
|     | 25            | 51.30         | 53.19         | 54.77         | 56.30        | 57.63        | 58.56         | 60.16         | 61.02         | 61.75 | 60.77     | 60.87 | 61.09 | 60.99 | 61.31 | 61.48 | 61.54 | 61.90 | 61.83 | 61.45 | 61.85 |
|     | 30            | 46.50         | 48.35         | 49.90         | 51.41        | 52.73        | 53.65         | 55.26         | 56.12         | 56.83 | 55.86     | 55.97 | 56.18 | 56.09 | 56.41 | 56.57 | 56.64 | 57.00 | 56.92 | 56.56 | 56.94 |
|     | 35            | 41.73         | 43.53         | 45.04         | 46.54        | 47.84        | 48.77         | 50.37         | 51.23         | 51.94 | 50.97     | 51.08 | 51.29 | 51.20 | 51.52 | 51.68 | 51.75 | 52.11 | 52.03 | 51.69 | 52.04 |
|     | 40            | 37.01         | 38.76         | 40.23         | 41.72        | 43.00        | 43.91         | 45.52         | 46.38         | 47.08 | 46.12     | 46.22 | 46.44 | 46.35 | 46.66 | 46.82 | 46.89 | 47.25 | 47.17 | 46.84 | 47.17 |
|     | 45            | 32.37         | 34.06         | 35.49         | 36.96        | 38.22        | 39.12         | 40.73         | 41.57         | 42.27 | 41.31     | 41.41 | 41.63 | 41.54 | 41.86 | 42.01 | 42.08 | 42.44 | 42.36 | 42.05 | 42.35 |
|     | 50            | 27.84         | 29.46         | 30.84         | 32.28        | 33.51        | 34.43         | 36.01         | 36.84         | 37.52 | 36.58     | 36.68 | 36.90 | 36.81 | 37.12 | 37.27 | 37.34 | 37.70 | 37.61 | 37.32 | 37.59 |
|     | 55            | 23.47         | 25.00         | 26.30         | 27.71        | 28.90        | 29.82         | 31.40         | 32.20         | 32.86 | 31.95     | 32.04 | 32.27 | 32.17 | 32.48 | 32.62 | 32.69 | 33.04 | 32.95 | 32.68 | 32.92 |
|     | 60            | 19.27         | 20.68         | 21.89         | 23.24        | 24.39        | 25.31         | 26.85         | 27.66         | 28.28 | 27.40     | 27.49 | 27.74 | 27.62 | 27.92 | 28.06 | 28.12 | 28.46 | 28.37 | 28.12 | 28.33 |
|     | 65            | 15.34         | 16.56         | 17.68         | 18.94        | 20.03        | 20.94         | 22.42         | 23.19         | 23.80 | 22.96     | 23.04 | 23.28 | 23.16 | 23.44 | 23.59 | 23.64 | 23.97 | 23.89 | 23.66 | 23.82 |
|     | 70            | 11.75         | 12.78         | 13.73         | 14.89        | 15.87        | 16.76         | 18.19         | 18.88         | 19.43 | 18.69     | 18.75 | 18.98 | 18.85 | 19.12 | 19.25 | 19.29 | 19.61 | 19.53 | 19.31 | 19.45 |
|     | 75            | 8.70          | 9.47          | 10.24         | 11.19        | 12.06        | 12.88         | 14.19         | 14.83         | 15.27 | 14.67     | 14.72 | 14.93 | 14.80 | 15.04 | 15.16 | 15.18 | 15.46 | 15.38 | 15.16 | 15.27 |
| 80  | 6.27          | 6.76          | 7.33          | 8.07          | 8.72         | 9.47         | 10.60         | 11.13         | 11.46         | 11.02 | 11.04     | 11.23 | 11.11 | 11.32 | 11.42 | 11.43 | 11.68 | 11.59 | 11.36 | 11.43 |       |
| 85  | 4.46          | 4.79          | 5.12          | 5.60          | 6.10         | 6.67         | 7.61          | 7.99          | 8.15          | 7.94  | 7.95      | 8.10  | 7.97  | 8.13  | 8.20  | 8.21  | 8.41  | 8.30  | 8.07  | 8.10  |       |
| 90  | 3.26          | 3.39          | 3.55          | 3.82          | 4.18         | 4.64         | 5.29          | 5.53          | 5.53          | 5.56  | 5.57      | 5.69  | 5.56  | 5.66  | 5.72  | 5.71  | 5.86  | 5.76  | 5.46  | 5.47  |       |
| 95  | ...           | ...           | ...           | ...           | ...          | 3.33         | 3.73          | 3.77          | 3.66          | 3.88  | 3.93      | 4.02  | 3.90  | 3.88  | 3.97  | 3.97  | 4.13  | 4.06  | 3.60  | 3.61  |       |
| 100 |               |               |               |               |              | 2.51         | 2.72          | 2.54          | 2.44          | 2.73  | 2.84      | 2.96  | 2.80  | 2.63  | 2.75  | 2.77  | 3.01  | 3.00  | 2.33  | 2.34  |       |

資料：厚生労働省